



OWNED TO OWNER

Become the owner of your work, your life, of YOU!

OWNED Beliefs & Actions

- Others define success,
- External, empty rewards for work.
- The promise of someday gets you through today.
- Others set standards of truth and integrity.
- You feel like you're playing a part.

OWNER Beliefs & Actions

- YOU define success.
- Internal, purpose-driven rewards for work.
- You live NOW!
- YOU set YOUR standards of truth and integrity.
- YOU are your authentic self.

3 critical belief shifts you MUST make to become the OWNER of your work, your life, of YOU!

OLD Belief

- Failure is bad and should be avoided at all costs.
- The most secure and responsible choice is to remain right where I am.
- I can't "have it all" and need to work hard now and try to balance everything so I can enjoy life someday.

NEW Beliefs

- Failure is awesome and critical to learning and being my best.
- I create my own security and will do great work that will provide for me and my family.
- I am SUPPOSED TO HAVE IT ALL and live NOW, and am at my absolute best and bring my greatest value when all areas of my life are working in harmony.

Which **OWNED** beliefs and actions do you identify with?

Which **OWNER** beliefs and actions do you identify with?

What is one action you will take today to move closer to **OWNER** beliefs and actions?



OWNED TO OWNER

Reconnect with YOU and the life YOU want to live!

Discover YOU

- Your childhood and teenage years
- Your biggest challenges
- Your greatest contributions now
- Pivotal choices you made as a young adult
- When you're at your best

Questions to ask yourself

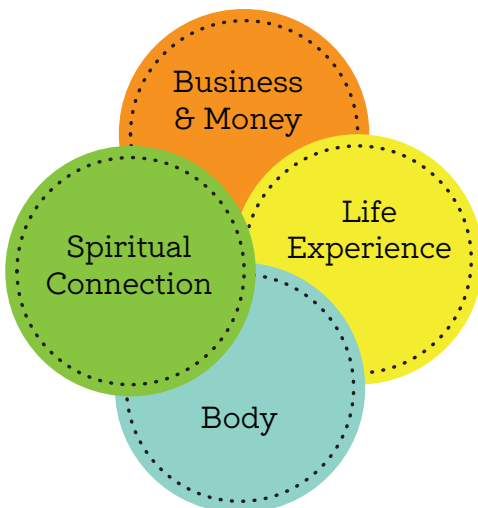
What was most important to me as a child?

How did the pivotal choices I made as a young adult impact my life? What did I leave behind?

What did I learn from my greatest challenges in life?

What am I doing when I do my best work that I love?

What are my greatest contributions now?



Discover the life YOU want to live!

What is most important to me in business/money?

What is most important to my life experience?

What is most important to my spiritual connection?

What is most important to my body?
